

Out of the Blue



**Life can be tough
in the bush
especially when you
lose a mate to suicide**

Written by Stig Wemyss and
presented by the widely acclaimed
Health Play



“Out of the Blue” is set in a hotel bar, where locals are gathered to pay tribute to one of their mates that they have lost to suicide. The play is both funny and sad but very relevant today, especially in regional and rural areas where the threat of suicide is a concern to many communities.

The play will provide the audience with a better understanding/education of depression and suicide and will give people the opportunity to speak openly about the topic during the panel discussion following the play. Panel members will be made up of relevant health professionals within the local area. Community members will have the chance to ask and have their questions answered.

The focus of the play is to generate discussion and bring out the hidden, and often stigmatised issues relating to mental health and suicide. It is hoped the play will generate interest in finding out more about suicide, how to prevent it and how people can assist those affected. It stars many well-known stage and television actors, Chris Bunworth, Brett Swain, Matthew King, Margot Knight, Glenn van Oosterom, who have committed themselves to this vital cause. Join them in fighting what is fast becoming a national crisis.

MOOROOPNA

Wednesday 3 August 2016
7.15pm - Performance starts at 7.30pm
Light supper provided afterwards

Sir Ian McLennan Sports Centre
Echuca Road

Cost \$10 pp

NUMURKAH

Friday 5 August 2016
6pm sausage sizzle
Performance starts at 7pm

Numurkah Secondary College School Hall
104 Tocumwal Road

Cost \$10 pp

For further information or to purchase tickets please contact -

Villa Maria Catholic Homes - 1800 052 222 or Leading From Within - (03) 5821 1295

*Tickets may be purchased on the night however for catering purposes we ask you ring to reserve your ticket.



*This play is proudly brought to you by
Villa Maria Catholic Homes in partnership with
Leading from Within, together with sponsorship
from local organisations and service clubs.*

